

EAT SMART

	Students	Staff		Students	Staff
Fuel Your Day Your Way			Salads		
Fruit Pots	£1.10	£1.40	Tuna & Sweetcorn Pasta Salad	£2.25	£2.75
Melon Pots	£1.10	£1.40	Margherita Pasta Salad	£1.90	£2.45
Yoghurt Plain or Flavoured/Fruit Purees	£1.10	£1.40	Five Bean & Spiced Lentil Salad (Vg)	£1.90	£2.45
Overnight Oats or Porridge	£1.00	£1.25	Cheese/Tuna/Meat Salad	£2.15	£2.75
Cereals & Milk	£1.20	£1.50	Meat/Fish/Vegetarian - Noodle Salad	£2.15	£2.75
Beans on Toast	£1.00	£1.25			
Hummus Pots Pitta Crisp/Veg Sticks	£1.10	£1.35	Sandwiches		
Baked Waffle 55g	£1.25	£1.55	Bread	£1.80	£2.20
½ Toasted Muffin	60p	75p	Naan	£2.10	£2.55
½ Toasted Crumpet	50p	65p	Wraps (Cold)	£1.90	£2.30
½ Toasted Teacake	45p	60p	Wraps (Hot)	£2.10	£2.55
½ Toasted Bagel	50p	65p	Baguettes (Cold)	£2.00	£2.50
½ Toasted Filled Bagel	90p	£1.20	Baked Italian Soft Breads	£2.20	£2.70
Breakfast Pizza Slice	£1.20	£1.50	Puddings & Treats		
Breakfast Pizza Wrap	£1.20	£1.50	Hot Sweet of the Day with Custard	85p	£1.10
Cheese & Bean Wrap	£1.30	£1.60	Jelly Pots	65p	85p
Cheese on Toast or Pizza Toast	£1.00	£1.25	Cookies	65p	85p
Vegan Sausage Roll (Once Per Week)	£1.40	£1.75	Muffins/ Traybakes / Cake Slices	90p	£1.20
Sausage Roll (Once Per Week)	£1.30	£1.60	Skinny Popcorn	£1.15	£1.40
Bacon Sandwich (Once Per Week)	£1.60	£1.95	Cheesecake	£1.00	£1.25
Sausage Sandwich (Once Per Week)	£1.60	£1.95	Instant Delight	£1.00	£1.25
Croissant	£1.00	£1.25	Fresh Fruit	60p	75p
Jam & Spread	20p	30p	Fruit Pots	£1.10	£1.40
Sauce Portion	15p	20p	Baked Doughnuts	£1.00	£1.25
			Iced Fingers	85p	£1.10
Lunch			Hydration		
Pizza Slice	£1.20	£1.50	Harrogate Water 330ml	60p	80p
Large Pizza Slice	£1.80	£2.25	Harrogate Water 500ml	90p	£1.10
Jacket Potato & Side Salad	£1.30	£1.60	Fresh Ice-Cold Milk 250ml	60p	80p
Jacket Potato with 1 Filling & Salad	£1.85	£2.10	Meal Deals (All Come with Fresh Fruit, Jelly, or Cookie)		
Jacket Potato Cheese & Beans	£2.15	£2.75	Main Meals	£2.54	£3.30
Jacket Potato Topped with Main Dish	£2.15	£2.75	Hot Pasta Dish of the Day	£2.54	£3.30
Jacket Potato with Tuna & Salad	£2.25	£2.80	Baguette (Cold)	£2.54	£3.30
Extra Jacket Fillings	60p	75p	Baked Italian Soft Breads	£2.54	£3.30
Hot Pasta Pots with Sauce or Main Dish	£2.15	£2.75	Salad Pots	£2.54	£3.30
Chipped Potatoes or Jacket wedges	£1.20	£1.50	Jacket Potato Cheese & Beans	£2.54	£3.30
Main Dishes	£2.15	£2.75	Jacket Potatoes with the Main Dish	£2.54	£3.30
Portion Veg/Baked Beans or Hot Sauces	60p	75p	Medium Pizza Slice with Chips or Wedges	£2.54	£3.30

**If you have any allergen or dietary requirements
please see the Catering Manager**