

# MAKE

## WEEK TWO

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Choice	Fresh Salmon and Tuna Pasta Bake	Spicy Chicken Tikka served with Wholegrain Rice	Roast of the Day with Traditional Accompaniments	Homemade Savoury Mince and Vegetable Pie	Deep Fried Fish with Lemon and Tartare Sauce
Main Meal Choice	Traditional All-Day Breakfast	Oven Baked Savoury Cheese and Tomato Flan	Mexican Spiced Chicken and Peppers Fajitas	Italian Chicken, Tomato and Herb Fusilli Pasta	Assorted Meat and Vegetarian Hotdogs with Onions
Vegetarian	Vegetarian All-Day Breakfast	Fresh Creamy Pasta Primavera	Thai Green Vegetable Curry with Mixed Rice	Mexican Vegetable Chilli with Boiled Rice	
Vegetables	Spicy Diced Potatoes Broccoli Grilled Tomatoes Baked Beans Mixed Garden Salad	Jacket Wedges Sweetcorn Garden Peas Baked Beans Mixed Garden Salad	Roast Potatoes Mixed Vegetables Cauliflower Baked Beans Mixed Garden Salad	New Potatoes Sliced Carrots Garden Peas Baked Beans Mixed Garden Salad	Chipped Potatoes  Mushy Peas Baked Beans Mixed Garden Salad
Available Daily	Filled Jacket Potatoes, Assorted Snacks, Various Filled Sandwiches, Rolls & Wraps, Fresh Salads. Hot Sweet of the Day or Fresh Fruit Salad, Hot and Cold Drinks				